

Divorced, hardworking

Age: 62



Family & Home

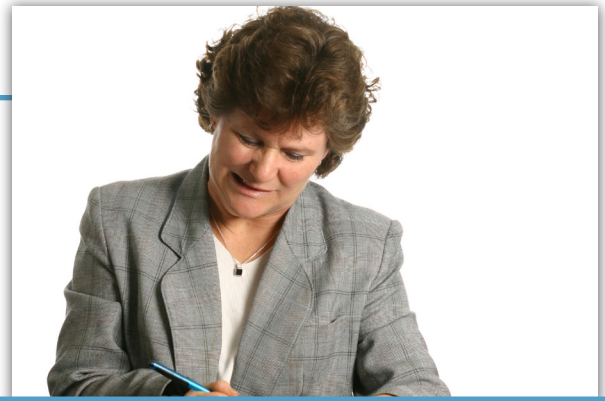


Social contacts



Income

Cognitive:	
Memory:	
Diseases:	
Symptoms:	
Limitations:	



About & Family:

Judith is still working in an insurance company and earning well as an experienced and hard-working employee. Her job takes up much of her time and she often has a lot of stress related to her workload and responsibilities.

Judith is divorced and has been living alone for three years. She never wanted to have children. She has an 86-year-old mother in a nursing home and an older brother living in Canada.

Health

She has high blood pressure and weak muscles, which makes it difficult for her to carry her bag when it is full with documents and her laptop. She is normal weight and does not need glasses yet. She remarks that she cannot think as fast as she once could.

Social

As she works long hours, she has less time for herself and for a social life. Most of her friends are colleagues that she does not meet outside of the office. Sometimes in the evenings she calls her mother. Recently she notices that she cries easily even for small things when she is alone at home. She visits a psychologist regularly and has light symptoms of depression since she got divorced.

Technology Usage

She uses a computer and internet daily because of her job, but also privately. Her calendar and reminders are always with her on her laptop and mobile phone. She loves her laptop. She also shops online and uses internet banking. However, she does not use the internet on her mobile phone. She likes watching TV at home.

Limitations/Difficulties in

difficulty in carrying objects heavier than five kilos

Diseases

high blood pressure

Symptoms

none

Psychographics

disciplined,
stressed,
hardworking,
lonely,
depressive,
tearful

Drugs

none

Hearing

good

Eyesight

good

Educational level

medium

Risks

none

General attitude towards technology

positive

Devices in use

TV,
laptop with internet connection,
mobile phone

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