Karl-Heinz RUHEND

Leipzig, Germany

Physically inactive

Age: 85

Household

Social contacts

Income

Cognitive:
Memory:
Diseases:
Symptoms:
Limitations:

About & Family:

Karl-Heinz worked in the same factory until he retired. Now he receives a small retirement salary that is not enough for his needs. He is married and lives with his oldest daughter and her family. His daughter takes care of him and his wife. She tries to provide for comfort as best as she can. Recently they renovated the bathroom by adding support bars and cabinet knobs.

Limitations/Difficulties in

walking 100 meters,
climbing stairs,
kneeling, pulling or pushing objects,
dressing including shoes and socks,
shopping,
preparing a hot meal,
managing money

Health

Karl-Heinz is both physically and cognitively not a healthy person and has difficulties in daily activities and mobility limitations. He is also diagnosed with cataracts. He is normal weight. Last year, he fell down and caused an abdomen hernia while trying to hold on. After that he required urgent surgery. Now he is very careful but also afraid of falling down again. He is forgetful and cannot cope with numbers anymore. He cannot think in detail about an issue and easily loses his orientation.

Diseases

high blood pressure,
arthritis,
hernia,
cataracts

Symptoms

pain in joints,
breathlessness,
fear of falling down

Social

Karl-Heinz is a religious man and, although he cannot walk long distances, often insists on going to church. He is aware that he has serious health problems that are preventing him from doing the things he wants, but he still looks forward to each day and is happy with the life he has lived. He feels supported and loved and does not feel lonely. He needs special care at home. His wife and daughter help him a lot.

Psychographics

satisfied,
positive,
passive,
forgetful,
religious

Drugs

yes

Hearing

good

Eyesight

cataracts, good

Educational level

basic

Risks

inactive,
mental fatigue

Technology Usage

Karl-Heinz likes watching TV, although his cataracts sometimes bother him. He is at home most of the time and sleeps in his armchair. He likes being in the garden and looking around when the weather is good.

General Attitude towards Technology

negative

Media - Communication

TV

http://elderlypersonas.cure.at
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