

Grandpa with arthritis

Age: 85



Household



Social contacts



Income

Cognitive:

Memory:

Diseases:

Symptoms:

Limitations:



About & Family:

Mr. Calmo worked in the same factory until he retired. Now he receives a small retirement salary, that is not enough for his needs. He is married and his oldest daughter and her family live with him and his wife. His daughter takes care of them. He has two more children living in the same city. They have a close relationship and weekly contact.

Health

Mr. Calmo is both physically and cognitively not a healthy person and has mobility limitations due to arthritis. He has a lot of pain in his joints, and he is overweight. He is forgetful and cannot cope with numbers anymore. He cannot think in detail about an issue and loses his orientation.

Social

He is aware that he has health problems that are preventing him from doing the things he wants, but he still looks forward to each day and is happy with the life he has lived. He feels supported and loved and not lonely. Although he does not regularly attend a club or coffee house, he has some friends from the neighbourhood that he likes talking to. He also likes when the whole family comes together.

Technology Usage

Mr. Calmo likes watching TV, although his cataracts sometimes annoy him. He is at home most of the time and sleeps in his armchair. He likes being in the garden and looking around when the weather is good.

Limitations/Difficulties in

climbing several flights of stairs,
kneeling, pulling or pushing objects,
dressing including shoes and socks,
getting up from stairs

Diseases

high blood pressure,
arthritis,

Symptoms

pain in joints,
breathlessness,
sleeping problems

Psychographics

satisfied,
positive,
forgetful,
religious

Drugs

yes

Hearing

good

Eyesight

glasses

Educational level

basic

Risks

overweight

General Attitude towards Technology

negative

Media - Communication

TV