

Grandma with osteoporosis

Age: 84



Household



Social contacts



Income

Cognitive:

Memory:

Diseases:

Symptoms:

Limitations:



About & Family:

Mrs. Vitalis has lived together with her children ever since she lost her husband. She is the oldest family member and has three children and six grandchildren. They have some financial problems. She has been a housewife for most of her life. She was able to stand on her own feet for a long time, but now she is not capable of taking care of herself alone.

Health

Mrs. Vitalis has many health problems and is gradually losing her ability to keep her head up. Her bones are getting fragile due to osteoporosis; luckily she is normal weight. She mostly sits or lies down at home and has blood circulation problems, which have caused her to have swollen legs. She is cognitively active but she cannot do math anymore and sometimes confuses the day of the week. She has difficulty remembering past occurrences.

Social

She enjoys spending time with her grandchildren, but she is unsatisfied with her life, mainly because of her health condition. She keeps herself busy as best she can by doing housework or in the garden, since she does not want to just sit in the corner without doing anything.

Technology Usage

Mrs. Vitalis mainly stays at home and watches TV. She is not interested in computers or the internet and cannot understand how they function.

Limitations/Difficulties in

walking 100 meters,
getting up from chair and out of bed,
climbing stairs, kneeling,
lifting more than five kilos,
dressing incl. shoes & socks,
bathing,
shopping,
doing work around house,
using map in a strange place

Diseases

heart problems,
high blood pressure,
arthritis, rheumatism,
osteoporosis

Symptoms

pain in back, knees, hips
breathlessness,
swollen legs,
fear of falling down

Psychographics

dissatisfied,
melancholic,

Drugs

yes

Hearing

less than good

Eyesight

glasses

Educational level

medium

Risks

inactive

General Attitude towards Technology

negative

Media - Communication

TV