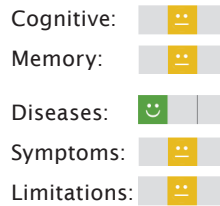




## Mourning

Age: 82



## About & Family:

Siegfried was a salesman and has enough savings for the rest of his life. He does not want to be alone but also does not want to leave his flat and live in a nursing home. He receives nursing care at home and meals on wheels service. Siegfried lost his wife recently. They had been together for almost 60 years. Since they didn't have children he is now alone without any living family.

## Limitations/Difficulties in

- getting up from chair,
- lifting or carrying weights over five kilos,
- using a map in a strange place,
- preparing a hot meal,
- doing work around the house or garden

## Health

He does not have any physical diseases but suffers from psychosomatic symptoms such as heart trouble, blackouts, dizziness, etc. He receives psychological treatment. He does not have much energy and feels physically weak. He uses glasses but cannot see well or hear well.

## Diseases

none

## Symptoms

- heart trouble,
- dizziness,
- blackouts,
- depression
- sleeping problems,
- breathlessness

## Social

Siegfried thinks that he has gotten old and it is preventing him from acting freely. He is actually a satisfied and social person but feels depressed and sad. However, he regularly visits the local seniors' club and meets friends there.

## Psychographics

depressed,  
sad,  
introverted,  
sentimental,  
needs support

## Drugs

yes  
[Hearing](#)  
less than good  
[Eyesight](#)  
less than good, glasses  
[Educational level](#)  
medium  
[Risks](#)  
none

## Technology Usage

He likes listening to music, on his old LP player. He is interested in technological devices but does not see himself as competent enough to be able to learn to use new devices. He does not like watching TV but it is his main information source.

## General Attitude towards Technology

neutral

## Media - Communication

TV  
LP Player

<http://elderlypersonas.cure.at>  
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